

Time for Rhyme

(0 - 3 years old)



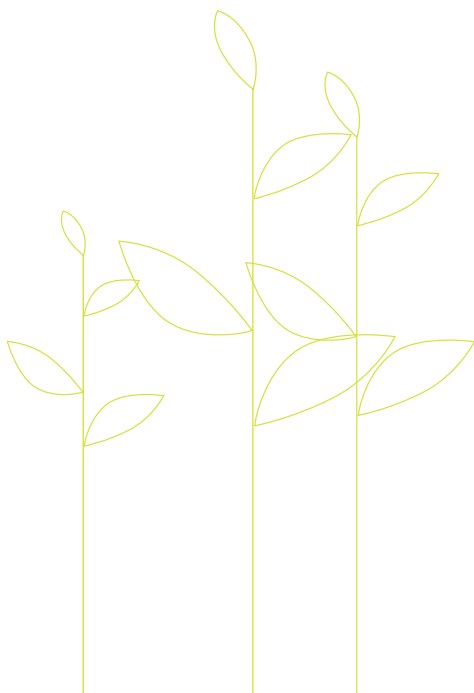
Time for Rhyme

What is Time for Rhyme?

Time for Rhyme sessions promote children's all-round development through activities such as dancing, singing and treasure baskets. They are available to all children up to 3 years and their parents/carers.

What can it offer you and your child?

- Your child has the chance to play and interact with other children.
- Your child can listen to music and use percussion instruments.
- Provides space for your child to move and use their imagination.
- You can both learn new songs and games to use at home.
- You can spend quality time with your child in a safe and fun environment.



What are the benefits for you and your child?

- Songs, rhymes and music are good ways of developing your child's ability to speak and listen.
- It encourages your child to be curious and use their imagination.
- It helps your child to develop and build decision-making and social skills.
- Spending quality time with your child helps bring you closer together.
- You have the opportunity to meet other parents and children and make friends.
- It gives you the chance to be involved with your child's learning and development.

For more information about Time for Rhyme and when it is running, please contact your local Sunderland Children's Centre – details overleaf.



Where to find your local Sunderland Children's Centre

Sunderland Children's Centre Thorney Close

Thorney Close Action and Enterprise Centre
Tel: 0191 553 4127

Sunderland Children's Centres Washington

Rainbow Family Centre, Concord
Tel: 0191 219 3995
Wessington Primary School, Glebe Village
Tel: 0191 219 3720
Oxclose Primary and Nursery Schools
Tel: 0191 219 3770

Sunderland Children's Centre Austin House

Austin House Family Centre, Southwick
Tel: 0191 566 2650

Sunderland Children's Centre Bunny Hill

Sunderland Customer Service Centre
Tel: 0191 561 8126

Sunderland Children's Centre Monument

Barnwell Primary School, Penshaw
Tel: 0191 553 6576
Dubmire Primary School, Houghton
Tel: 0191 382 3071

Sunderland Children's Centre Highfield

Highfield Community Primary School,
Ford Estate
Tel: 0191 561 2050

Children's Services

The Sandhill Centre
Grindon Lane
Sunderland
SR3 4EN

Tel: 0191 520 5505

Fax: 0191 553 8886

Minicom: 0191 525 0075

Email: fis@sunderland.gov.uk

www.sunderlandchildrenscentres.co.uk

Sunderland Children's Centre Pennywell and South Hylton

Pennywell Early Years Centre
Tel: 0191 553 6820

Sunderland Children's Centre New Silksworth

New Silksworth Infant School
Tel: 0191 553 6190

Sunderland Children's Centre Hendon

Valley Road Community Primary School
Tel: 0191 553 7750
Hudson Road Primary School
Tel: 0191 553 7675

Sunderland Children's Centre Ryhope

Ryhope Infant School
Tel: 0191 553 6206

Sunderland Children's Centre Hetton

Hetton Lyons Nursery School, Four Lane Ends
Tel: 0191 553 6735

Sunderland Children's Centre Houghton

Houghton Community Nursery School
Tel: 0191 553 6557

Sunderland Children's Centre Millfield

Millfield Community Nursery School
Tel: 0191 553 2775
Diamond Hall Infants School
Tel: 0191 553 7620

Sunderland Children's Centre Grangetown

Grangetown Primary School
Tel: 0191 553 7650

Sunderland Children's Centre St Peter's

Dame Dorothy Primary School
Tel: 0191 553 7618

This information can be made available in large print, Braille, audio and other languages. Please contact the Families Information Service on 0191 520 5505 or email fis@sunderland.gov.uk for help.

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